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Devoted to the Household, the Fashions and the Activities of Women.

MARY MARSHALL, Editor.

DAILY DEPARTMENT OF THE WASHINGTON HERALD. eff Correspondence is invited. Address all communications to the Woman's Editor of The Washington Herald.

SATURDAY, APRIL 10, 1915.

FRIDAY, APRIL 23, 1915.

Must the Fairies Go?

"No fairies!" said Signora Montessori the other day when explaining her newest of all educational systems, and then she added, "It is very hard to explain in a few words."

Mme. Montessori's idea seems to be that since the problem of life in store for most of us is the facing of realities and the grappling with actualities it 's a waste of time and a source of danger to allow children to dwell in the realm of unrealities.

"The man or woman who refuses to face bravely the realities of life," she said, "who cannot meet them successfully, but lives in day dreams in which a wishing cap or a magic carpet brings him to a castle in Spain, is a pathetic failure. But for such failure we are preparing our boys and girls when we surround them by a world of unreality." But what if we do take away the

Why, then, of course, the children will create fairies for themselves. It is not grown folks who have made these fairy stories; it is the children themselves or our forefathers living in the childhood of our race's history who wove out of the fabric of their imagination the web of the fairy tales that are the heritage of our children today.

No child has to be taught to "make pretend." It is the child, in fact, who teaches the grown-ups to drop the cares and worries of the workadays world for a little while and "make pretend" with him. And it is the men and women who retain a great deal of this child's spirit in their adult years who make the great poets, and dramatists and play producers.

Really and truly, Signora Montessori, did Cinderella or Aladdin or Lewis Carroll's immortal Alice, or Old King Cole or Palmer Cox's Brownles or any of the rest of the creatures of imagination ever lead many men and women to fallure? Can it be that the lovers of fairy tales are led to expect to have fairy godmothers and glass slippers and magic lamps that need but to be rubbed to bring the heart's desire, and that in this expectation fail to meet the realities of actual life?

Without these creatures of the imagina tion what would the days of childhood be worth, anyway? True, as Signora Montessori says, there are wonders of summer will sometimes renew fading colors to an astonishing extent. ders of fairy lore, and in Signora Montessori's system these wonder tales take be all of scientific bent, and there are times when the story of a glacier or a tadpole or a beaver or a firefly could not possibly fill the place left vacant by an Arabian genii or a wood gnome or a fairy

TOMORROW'S MENU.

"Pairs was the danne, and but e'en now the skirs. Show'd like to cream, empir'd with atrawberrien."

Herrich.

BREAKFAST. Stramed Dates.
Cereal and Cream.
Codfish Bails.
Rice Muffins. Coffee. LUNCHEON OR SUPPER.

Salmon Loaf. Lettura Sandwiches. Hor Chocolate. Uncat Wafers. DINNER.

Ortall Some Halibert Fillete Mashed Petatoen Curumlers, Manaroni au Gratin, Colory Salad, Strawberries

Rice muffins-Sift two cupfuls of flour, three tablespoonfus of sugar, a of baking powder. Heat an egg light and add half a cupful of cooked rice and three-quarters of a cupful of milk. Beat well and then add the dry in-gredients, and at the last four tablespoonfuls of melted butter. Bake in

Salmon loaf-Pick to pieces with a silver fork the contents of a large can of salmon and season it well with can of salmon and season it well with cayenne pepper and sait. Add a cupful of whipped cream and pour into a mold. The salmon should be very fine and well mixed through the cream. Steam until firm and serve with little balls of boiled white potato, garnished with lemon tuke and minered paraller. with lemon juice and minced parsley. White sauce can be used instead of whipped cream if desired.

Hallbut fillets - Cut hallbuts neat strips and dip them in beaten egg and fine crumbs. Fry them in deep fat until they are brown. Serve with sliced cucumbers dressed with oil and vinegar. The cucumbers can be split and the inside removed in dice and returned to the shells

Hazel Dawn Gives Aid to Beauty. "I believe that women should seek

"Chiffon and pearls are first aids to the soft loveliness which should be a "A soft hair-line about the face is

indispensable to a we man's looking her best.

"Pink is the color of the cheerful. I have never known a person of happy nature who did not like pink, nor a

gloomy one who liked it.
"I like extremes only in hats—I prefer them very large or very small. The medium-sized hat has no character— that is, no distinction—no, so to speak.

personality. It means nothing.

"Shoes should always be trim and, as to tops, at least, the color of the gowns. If I had to choose between pretty gowns and pretty houts I'd pretty gowns and pretty boots I'd hoose the latter. "A girl can be well dressed with a

wardrobe of eight frocks. She does not need more to make an extremely good appearance. "The girdle is woman's friend. Suit your girdle to your figure, but have one with every costume, for a girdle adds charm to the costume and youthadds charm to the costume and youth-fulness to the figure. There you have my 'clothes creed.'"—Hazel Dawn, the musical comedy star, on "First Aids to Leveliness," in the Green Book MagaA quartet of hats that contradict the statement that the big hat has returned to favor. However, another quartet of fashionable nuts might show only big ones. These are admirable models for morning wear, for shopping and for luncheon. In the upper left-hand corner is one of silk, with a crown band of roses and wheat. At the right is one of woren black ribbon, with an aeroplane bow at the back. Below it is a black straw toque with an enameled ornament, and at the left is a blue straw, trimmed with black ribbon.



HOUSE-

THE SUMMER CARE OF RUGS.

The good housewife is naturally con cerned about the summer welfare of fine rugs, and she realizes that if they are

Before sending the rugs on their store om vacation, this chamber itself should well cleaned. Use perfectly cold watthe place of the fairies. But we are not er for the scrubbing and naphtha soap: it out of the storeroom.

The rugs themselves must be thorough-

TODAY'S FASHION NOTE.



A tub frock of wedgewood blue linen, trimmed with white hemstitched linen collar and cuffs. The skirt, though devoid of trimming, shows the new full, circular effect that is so fashionable, and the waist is a model of simple arrangement. The frock is suitable to development in a variety of inexpensive materials, of which 8 yards, 36 inches wide, will be required.

Pictorial Review Costume No. 8068—Sizes, 32 to 44 inch bust. Price, 15 cents.

Pictorial Review Patterns On Sale at S. KANN, SONS & CO.

used in the hot months they won't be so this outer bag no moths can get in, but hood Marie received the strictest sort of resplendent in winter. Simply putting a further precaution would be to spray training and discipline, and this combined a further precaution would be to spray training and discipline, and this combined the bag lightly all over with pepper tea.

HOROSCOPE.

"The stars incline, but do not compel,"

prove for many months, the seers declare, and they continue to warn the United States against a foolbardy feel-

There are signs construed as warn-

supreme authority in work that will establish equality and justice.

Increase in marriages and births will mark the next month.

The death of a financier, which will take place next month, may cause a flurry in the business world as it will interfere with important negotiations.

Persons whose birthdate it is should be cautious about traveling in the

unhappy marriage. These subjects of Taurus are often studious and fond of scientific pursuits

HAS "WHITE LIST" OF PLAYS.

of Columbus for the guidance of theater-

the broad air for some hours. A Turk-ish rug will stand a soap and water rup admirably, and where it is feasible a light one may be put entirely in a tub and washed like a sheet. After the airing heat the rugs again, using a strong rattan beater, then spread them smooth-ly and spray with a strong black pepper tea. Have prepared some wooden rollers about two inches through and as long as the rug is wide. First put over the rug a sheet made of newspapers pasted to-gether, then place the roller on top of this at one end of the rug and begin to roll, keeping the wooden prop straight last century, Marie Taglion, was born all the time. Cover the roll with more 166 years ago today in Stockholm, Swepaper pasted together, then insert it in den. Her grandfather had been a danca round bag made of tough manilla pa-per and paste all the loose ends securely. Who migrated to Sweden, was also of As long as there are no loose seams in that profession. From her earliest child-Cheap rugs and old carpets will not resulted in the most perfect dancing that need quite so much care, but if they are the world has probably ever known.

To be kept entirely free of moths they Yet Taglioni was not beautiful, and

ing of security.

If the stars are to be relied on, inventions that have to do with aerial navigation will multiply during the spring and summer and these will

overnment. Frauds perpetrated through the post-

Frauds perpetrated through the postoffice or scandals in which the postal
service may become involved are indicated, it is said.

Although the planets have appeared
to forewarn women that they would
bear many burdens and shed many
tears in the present year, there is also
the prophesy that they are to attain
supreme authority in work that will
establish equality and justice.

It is harmful ingredient is present by
soaking a sample of the bread in a
solution of tincture of logwood, obtainable from any chemist. If the
least trace of alum is present, the
bread turns blue; if none has been
added the color is bright pink, says
the Fhiladelphia Sunday Record.

Salt is often used in comparatively
large quantities to make the bread
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opyright, 1915.)

Saltimore Knights of Columbus Joins Nation-wide Move.

crusade.

A "white list" of indoxsed plays, similar to the lists of the Washington, New York and Philadelphia societies, has been prepared by the Baltimore Knights

a number of non-Catholic societies. There is now in existence a committee representing the Anti-Defamation League of America, the Y. M. C. A., and the Truth Society, having for its object the establishment of an official censorship commission in Washington. It is the intention to have a bill presented in Congress in December.



hould be looked after. Beat, sun-brush because she was not, writers spent much

be well cleaned. Use perfectly cold water for the scrubbing and naphtha soap; then when floor, shelves and painted walls are dry go over all the work with clean rags smeared with kerosene. The moth-miller has no fondness for petroleum, and so this device alone will keep it out of the storegon. the voluptuous dancing of others of the period. She was called by her admirers There is reason the "spirit of the air."

While Taglioni lived and danced in her prime dancing was held in a very high regard, and Taglioni herself was most in-Friday, April 23, 1915.

Astrology reads this as a singulary unfortunate day. Neptune, Venus, the scene to college with her voice the scene to college with her voice the scene to college with her voice the dear to us, but self pity concerns no one destroy the foot and mouth disease germ."

Foot and Mouth Disease.

H. B. Asks: "Will pasteurizing milk dear to us, but self pity concerns no one destroy the foot and mouth disease germ." Saturn and Uranus are all strongly adverse.

Under this rule it is held that it results are all strongly and refused to be seen to eclipse with her voice the art of the greatest dancer of the age. Taglioni withdrew and refused to be seen to eclipse with her voice the art of the greatest dancer of the age. in public again. Rather than take sec-

HOW A HOUSEWIFE MAY KNOW IF HER FOOD IS ADULTERATED

There are signs construed as warning against sudden events that will arouse the country and cause vast expenditures.

Increase of taxation is foreshadowed. Political protests against this will affect the fall elections in certain certain that the present occasion will be seized upon by some people to adulterate foodscurfs. In certain directions prices tend to be rather high; the authorities are much engaged; now is a real opportunity for those who practice this ordinary sensations that will test ordinary sensations that will test State officials as well as the municipal state of the foodscurfs. In certain that the present occasion will be seized upon by some people to adulterate foodscurfs. In certain directions prices tend to him, unique situation. He refused to thim, unique situation. Christmas observance and to him, unique situation. He refused to the neutron the day to him. Christmas morning I had some packages to deliver. Without revealing my purpose, I asked him to lend me his car. He consented, but said he would have to drive, for he had given his draught through your room, but not on schausffeur a holiday. Fate seemed play-

Alum may be freely used in bread to hide inferior or badly damaged flour. He consented have to drive, for he had given his draught through your room, but not on the harmful ingredient is present by soaking a sample of the bread in a soaking a sample of the bread in a The first place we visited the mother windows, or a door opposite a window, all open as wide as possible is best. It

be cautious about traveling in the coming year.

Children born on this day may be restless in nature and difficult to guide. Girls should be guarded against right. On the other hand, if the milk runs down the needle quickly and does not form a lasting drop it is prob

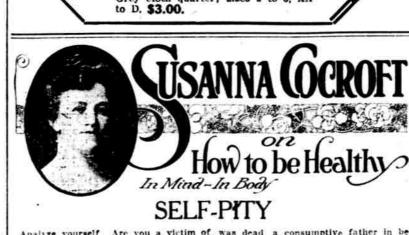
ably a "watered" article.

Butter should always be closely watched. Of course, good margerine is a very wholesome food and is quite all right, but it is a shame to sell this as dairy butter and charge ac-cordingly. Here is a very simple test which is quite reliable: Take a small That the Baltimore councils of the Knights of Columbus have united solidly in the nation-wide movement against importal theatrical and moving place that the particle and moving place the state of a pea. Place this in an iron spoon and hold over a gas burner. Good butter bubbles collected the state of the property of the state of the particle and the state of the property of the property of the state of the property of the pr moral theatrical and moving picture films was announced last night at the headonarters of the Washington Truth Society, which has been directly and the second truth and truth an ciety, which has been directing the local when a green stick is held over a

Explains Serbia's Needs.

The need for relief work in Serbia was explained by Dr. Morton P. Lane, who has been recuperating in this goers in that city.
In this city the Truth Society is united with the Holy Name organizations and a number of non-Catholic societies. There

Plants are forced by a Danish scientis by administering chloroform, his theory being that brief periods of rest are for lowed by quicker growth.



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Analyze yourself. Are you a victim of was dead, a consumptive father in bed, hat most destructive of thought habits and there were four hungry, thinly clad children. Our second stop was at the home of a

Do you enjoy nursing your grief? Do you enjoy nursing your grief?

If you do, arise! Turn your attention to lifting some one else out of the slough had brought up three sons. She was fast Realize that you are just as responsible, that it is just as much your duty to younger boys was working. The eldest ep the thought atmosphere about you boy had just been sentenced to the pen-

Self pity not only depresses you, but it depresses all who come in contact with

self pity is that in sorrow you blame no and address of the owner, with the inone, while in self pity you are sure to
have a grievance—you have not been proper authorities. fairly treated, you feel hard toward some one or toward life in general, your horizon begins and ends with self, you nourmorbid enjoyment in it.

Selfishness is at the root of it. It comoines unkind thoughts and harsh judgdown, which are all destructive to health. fer and love for all mankind. One does not rise out of the mire of depression from self pity long enough fertilizer, if you reach out to find those to stand as a man-free, ready for who need you. growth. There is no growth, no progwe are rarely intelligent observers of thought habits. We do not admit the existence of self pity. We are not frank

There is reason in joy, courage, faith, optimism, because they are helpful both accompany each letter. All letters should to self and others, but there is no reable addressed to Miss Susanna Cocroft. prime dancing was held in a very high son in fear, worry or self pity. Of the regard, and Taglioni herself was most in three bad faults self pity is the worst, sistent on this attitude on the part of her because it is bound up in selfishness. We public toward her are

but self. Nothing is more difficult to break away Nothing is more difficult to break away Experiment work in Germany and from than a bad thought habit. Bad or Denmark shows that it will, just as it is extremely easy to make mistaken. High nervous tension, irritability and even sudden attacks of illness are common.

The reign of the planets indicates indicates in public again. Eather than take section on place, she preferred to take no place victous physical habits are so obvious that we are usually conscious of them.

If we ourselves do not observe them, members of our family, or well meaning of London. vicious physical habits are so obvious is a safeguard against typhoid fever. that we are usually conscious of them. members of our family, or well meaning friends point them out to us, but they do not know the mental habits we form. If you have formed the habit, look without, be kind, help some one clse. You have too much pride to let any one else pity you; then why pity self?
Last Christmas I was much concern

d over the mental health of a friend. He had lost a very dearly-beloved wife; this was his first Christmas alone, and



healthy as it is the duty of any one else itentiary for life—one of a youthful in it.

gang that had held up and shot a man. On our way from this place we came upon a family living in a basement un-der such distressing conditions of san-The difference between sorrow and itation that my friend took the name

ginning of usefulness and activity in so cial and philanthropic work. His self ish your grief, your wrong, and there is pity was changed to love for humanity, a morbid enjoyment in it.

He now realizes that grief and sorrow are common to all the world, and his love for one individual and pity for self nent of others, depression and a letting has turned to sympathy for all who suf-

Miss Cocroft will endeavor to answe all questions relating to her departmen as promptly as possible. As it will not be practicable to print an answer to

care of this paper.

Prison Rations.

W. B H. anks: "How much food would you consider sufficient to sustain the life of a prisoner in fair condition?"

The British war office gives to its prisoners of war the following daily ration: Bread, 1½ pounds, or biscuits, 1 pound; fresh or cold storage meat, 8 ounces, or preserved meat, half ration; fresh vege-tables, 8 ounces; butter or margarine, 1 ounce; condensed milk, 1-20 of a onehe could see nothing, think or talk of nothing save his loss and his cruel and, to him, unique situation. He refused to This certainly is an ample allowance for

only one window, and not practicable to leave your door open, lower your window half way down from the top and raise haif way from the battom. (2) Yes, in-

(Coryright, 1915.)

BIG DREDGER GOES TO WORK.

Dixie Begins Operations Between Poplar Point and Angeostia Bridge. The large dredge Dixie has resumed operations in project No. I, of the Anacostia flats reclamation work, and it will continue the work in that section throughout the summer. This is the first sign of operations in that portion of the work for several months. It is the portion between Poplar Point and the Anacostia bridge. The present dredge is capable of dredging a large quantity of mud each day. quantity of mud each day.

Rev. Merritt Earl, who has been the

Rev. Merritt Earl, who has been the pastor of the Congress Heights Methodish Episcopal Church, today is moving to Falls Church, Va., where he has been assigned for the coming year. During Mr. Earl's pastorablp, the church has acquired additional property, and has increased its membership. Rev. L. M. Bennett assumes charge of the local church, coming from Baltimore.

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